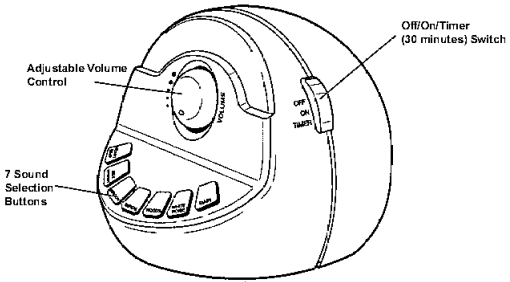
NATURCARE™ SOUNDS RELAXATION

Model: WE-686

INSTRUCTION FOR USE



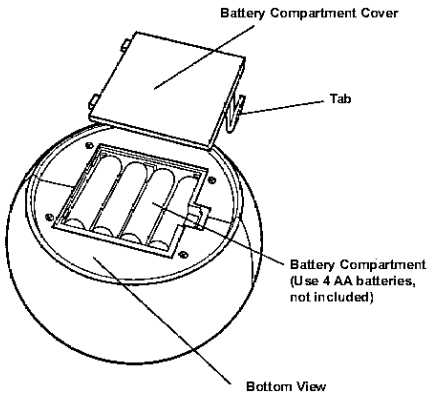


Fig./Ill. 2

Sound therapy can provide a unique aid to relaxation, meditation and a general feeling of well-being. This relaxing sound machine can reproduce any of seven sounds of nature with the touch of a button, including a heartbeat, sea waves, brook, birds, woods, white noise and rain. It also includes a timer function that can be used to shut the unit off automatically after 30 minutes. Unit operates on four AA batteries (not included) or with its own convenient, easy-to-use adapter (6V 200mA).

TO USE

BATTERY INSTALLATION: Remove battery compartment cover on bottom of unit by pressing tab toward cover and lifting cover off. Install 4 “AA” batteries in compartment with positive and negative ends positioned as shown in Fig. 2. Replace cover.

TO OPERATE: Slide switch to On position and select sound desired. Use knob on front of unit to adjust volume.

TO USE THE AUTOMATIC TIMER: Slide switch on side all the way down to the Timer function. Press button to select sound, if one has not already been chosen. Unit will automatically shut off after 30 minutes. To shut unit off at any time, slide switch to the Off position.

TO CLEAN: Wipe outer surface with a clean, damp cloth. Do not immerse unit into water.

TO STORE: Store it in its box or in a clean, dry place.